



Belinda Smith, MS, RD, CCRC
Senior Research Administrative Coordinator/Education
UK Clinical Research Organization
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BIOGRAPHICAL SKETCH

Belinda Smith began her research career in 1987 as nutrition research coordinator for the University of Kentucky Metabolic Research Group where she coordinated NIH and Industry funded trials in the areas of lipid disorders, diabetes, nutrition, and obesity. She completed a 2-year industry funded fellowship designed to translate the results of scientific research into reliable and practical information for the media, consumers, and health professionals through publications, education materials, seminars, and outreach activities. She was the lead coordinator for the VA HDL Intervention Trial - a 7 year VA Cooperative Secondary Prevention Trial. She served as manager of the Metabolic Research Group from 1998-2000 after which she joined the Kentucky Center for Clinical Research and Investigator Services (KCCRIS). In 2003, KCCRIS expanded and evolved into the UK Clinical Research Organization (UKCRO) as Education Unit Manager where her current position entails conducting training programs, coordination of clinical research seminars and working in conjunction with the Marketing Unit on outreach, website and resource development.

EDUCATION:

- 1993 Master of Science degree in Nutrition and Food Science, University of Kentucky, Lexington, Kentucky.
- 1986 Dietetic Internship, Methodist Hospital of Indiana, Indianapolis, Indiana.
- 1984 Bachelor of Science in Nutrition and Dietetics, magna cum laude, Eastern Kentucky University, Richmond, Kentucky.

POSITIONS:

- 2003 Sr. Administrative Research Coordinator/ Education, [UK Clinical Research Organization](http://www.mc.uky.edu/ukcro), Lexington, KY

2000-2002 Sr. Clinical Research Coordinator, Kentucky Clinical Research and Investigator Support Services (KCCRIS), University of Kentucky, Lexington, KY
1998-2000 Sr. Clinical Research Coordinator, University of Kentucky Metabolic Research Group, Lexington, KY
1991-1998 Study Coordinator, VA Medical Center, HDL-Intervention Trial, Lexington, KY
1989-1991 Research Dietitian/Media Representative, University of Kentucky Metabolic Research Group, Lexington, KY
1987-1989 Clinical Research Dietitian, University of Kentucky Cardiovascular Risk Program, National Institutes of Health Program Project, Lexington, KY

PROFESSIONAL APPOINTMENTS:

UK Clinical Research Task Force on Roles, Relationships and Coordination among UK Units
UK Clinical Research Task Force on Investigator Issues
UK Clinical Research Fiscal Committee, Education & Training Sub-Committee
NIH funded Human Subject Protection Enhancement Award
UK Medical Center HIPAA Research Enterprise and Education Teams, and serves as Bylaws and Bylaws & Nominating Chair for the regional chapter of the Association of Clinical Research Professionals.

PROFESSIONAL MEMBERSHIP:

Greater Kentucky Bluegrass Chapter of the Association of Clinical Research Professionals, 2001-2003 Nominating Committee & Bylaws Chair
American Dietetic Association
Bluegrass District Dietetic Association 1994-1995 President

CERTIFICATIONS:

Certified Clinical Research Coordinator - ACRP# C99-312
Registered and State Licensed Dietitian – RD#17087; State License #0033

HONORS:

1993 Kentucky Recognized Young Dietitian of the Year

GRANT SUPPORT:

NIH National Center for Research Resources NCRR S07 RR18169
University of Kentucky Human Research Protection
Co-Investigator

SELECTED PUBLICATIONS:

Anderson JW, Deakins DA, Floore TF, Smith BM, Whitis SE. Dietary fiber and coronary heart disease. *Critical Reviews in Food Science and Nutrition* 29:95, 1990.

Anderson JW, Smith BM, Geil PB. High-fiber diet for diabetes: Safe and effective treatment, *Postgraduate Medicine* 88:157, 1990.

Zeigler JA, Smith BM, Anderson JW. Glycemic Control and Serum Lipids. *Practical Diabetology*, May/June, 1991.

Anderson JW, Garrity TF, Wood CL, Whitis SE, Smith BM, Oeltgen PR. Prospective, Randomized, Controlled Comparison of the Effects of Low-Fat and Low-Fat plus Fiber Diets on Serum Lipid Levels. *American Journal of Clinical Nutrition* 56:887, 1992.

Anderson, JW, Smith, BM, Gustafson, NG. Health Benefits and Practical Aspects of High Fiber Diets. *American Journal of Clinical Nutrition* 59:124, 1994.

Smith, BM, Anderson, JW. The role of fiber in the diabetic diet. "The Importance of Dietary Fiber for Adults". *Postgraduate Healthcare*, Greenwich, Connecticut, 1995.

Anderson JW, Blake JE, Turner J, Smith BM. Effects of soy protein on renal function and proteinuria for patients with type 2 diabetes. *American Journal of Clinical Nutrition*, 68:1347S, 1998.

Anderson JW, Smith BM, Green CS. Cardiovascular and renal benefits of dry bean and soybean intake. *American Journal of Clinical Nutrition*, 70(3 Suppl): 464S-474S, 1999

Anderson JW, Smith BM, Moore KA, Hanna TJ. Soy foods and health promotion. In Watson, T. *Vegetables, Fruits, and Herbs in Health Promotion*. Boca Raton, FL: CRC Press, 9:117-134, 2000.