

"Clinical Research in Practice: A Guide for the Bedside Scientist"

Janet Houser and Joanna Bokovoy, 2006, 277 pages, Jones & Bartlett, \$42.95

Review by Norman M. Goldfarb

"Clinical Research in Practice" is an intensely practical step-by-step handbook for physicians interested in conducting investigator-initiated clinical research. With this book in hand, every practicing physician can do his or her bit in advancing evidence-based medicine.

The book includes the following chapters:

- The role of research in clinical practice
- A step-by-step guide to bedside science projects
- Focus the research question
- Scan the literature
- Solicit organizational commitment
- Design, study methods, and procedures
- Sampling strategy
- Do not fear the numbers
- Can we use it?
- Finding evidence in words
- Communicating your findings

This book has been selected for
[The First Clinical Research Bookshelf](#)
Essential reading for clinical research professionals

The main body of the text is accompanied by helpful advice from physicians who have already trod this path, concise case studies, and various checklists, examples, and helpful resources. The book is especially strong in methods for conducting literature reviews, a necessary precursor to identifying important questions for clinical research. It emphasizes research on treatment practices, but the methods described are entirely applicable to research on drugs.

The book is available in bookstores.

Reviewer

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